

Third Congress

Bonding Embryologists to Geneticists and Fertility specialists. 10 year anniversary

with International Participation

Organized by:



assistingnature
COLLEGE
OF REPRODUCTION

September
8th – 10th
2023

www.assistinginfertility.gr

Under the auspices:



Obstetrics & Gynecology Society
of Thessaloniki



Hellenic Obstetrics & Gynecology Society



Medical Association of Thessaloniki

NOESIS

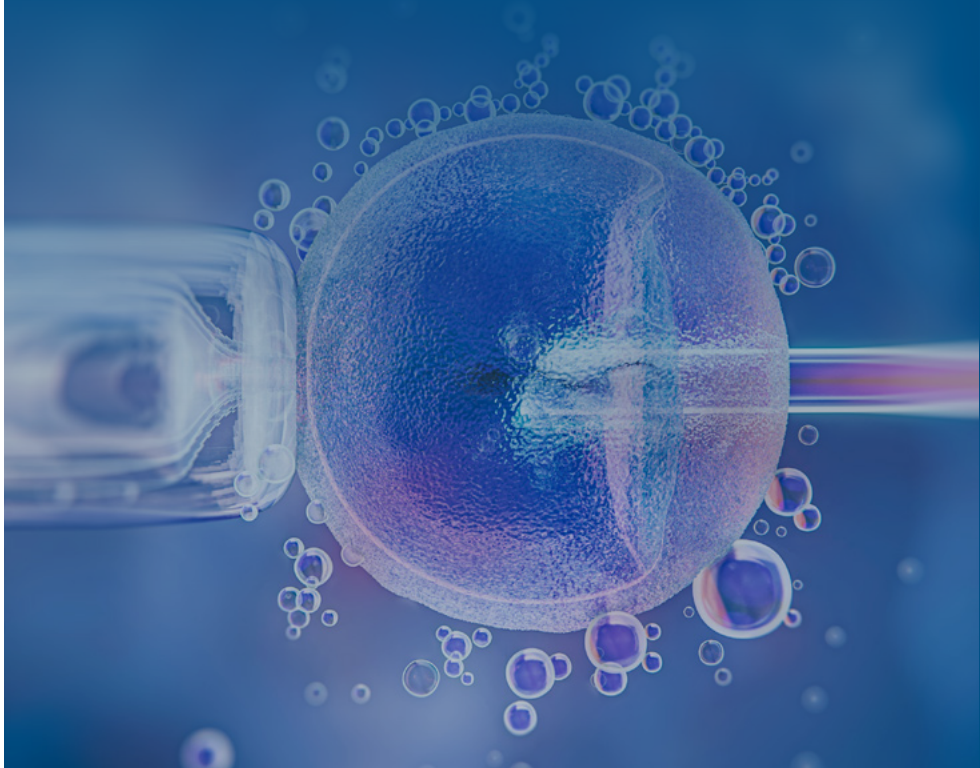
Thessaloniki Science Center
& Technology Museum

THESSALONIKI

PROGRAM

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Welcome Address

Dear colleagues and friends

Our 3rd International Congress signifies the bond that should be present in every day clinical decision among fertility specialists, embryologists, and geneticists.

The evolution of new laboratory techniques for culturing and monitoring the embryo development inquires greatly trained embryologists as well as highly motivated.

Similarly, the genetic fingerprint of each disease and disorder gradually becomes available, enhancing thus, the deselection of abnormal embryos, and protecting infertile couples from experiencing the burden of pregnancy failure and even pregnancy loss.

Therefore, we formed a team of international and domestic scientists, world known specialists in their field, asking them to deliver their evidence and opinion on how this synergy between us can work efficiently for the benefit of our patients.

Papanikolaou E.G.

Assistant Professor AUTH,
Thessaloniki, Greece
Chairman of the Congress



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Committees

ORGANIZING COMMITTEE

- | | |
|------------------------|------------------------|
| Eirini Asouchidou | Afroditi Katouna |
| Tatiana Chartomatsidou | Anastasia Koutsouni |
| Foteini Chouliara | Sofia Mpouchlariotou |
| Dimitra Christopikou | Robert Najdecki |
| Athanasios Gkekas | Evangelos Papanikolaou |
| Christina Ioakeimidou | Anna Timologou |
| Ourania Kakani | Evangelia Timotheou |
| Magdalini Kallintzi | Odysseas Zafeiratis |

SCIENTIFIC COMMITTEE

- | | |
|------------------------|------------------------|
| Eirini Asouchidou | Apostolos Mamopoulos |
| Ioannis Bontis | Georgios Michos |
| Fernando Bronet Campos | Sofia Mpouchlariotou |
| Tatiana Chartomatsidou | Robert Najdecki |
| Foteini Chouliara | Evangelos Papanikolaou |
| Dimitra Christopikou | Andres Salumets |
| Martine De Rycke | Evangelia Timotheou |
| Aspasia Destouni | Herman Tournaye |
| Human Fatemi | Willen Verpoest |
| Athanasios Gkekas | Nikolaos Vlachos |
| Grigoris Grimbizis | Nikolaos Vrachnis |
| Michael Grynberg | Hakan Yarali |
| Christina Ioakeimidou | |

Scientific Program

FRIDAY, SEPTEMBER 8th, 2023

18:45-19:00

19:00-20:15

20:15-20:30

WELCOME ADDRESSES

N. Nitsas
President of the Medical Association of Thessaloniki

K. Anastasiadis
President of the Aristotle University of Thessaloniki, School of Medicine

I. Bontis
Emeritus Professor of Obstetrics and Gynaecology, Aristotle University of Thessaloniki

SESSION I: BIRTH DEFICIT; THE HIDDEN ICEBERG THAT THREATENS TO SINK THE HELLENIC TITANIC

Chairs: **S. Kalantaridou, GR, E.G. Papanikolaou, GR**

Bridging the gap among us: should doctors discuss with embryologists and geneticists more often

R. Naidecki, GR

Which are the quality indexes that keep greek births so low?

B. Kotzamanis, GR

ReBIRTH Greece: an innovative proposal to enhance fertility and childbearing

E.G. Papanikolaou, GR

Discussion with the audience

Art IN A.R.T. (When science meets graphic art)

Test PAP: the life story of a pioneer doctor George N. Papanikolaou
P. Christoulas, GR

Scientific Program

FRIDAY, SEPTEMBER 8th, 2023

| | |
|--------------------|---|
| 20:30-21:00 | KEYNOTE LECTURE |
| | Genetics and reproduction in the era of Genomic Medicine: challenges and opportunities K. Stratakis, GR |
| 21:00 | Opening Ceremony |
| | Welcome Reception |

Scientific Program

SATURDAY, SEPTEMBER 9th, 2023

09:00-09:15 KEYNOTE LECTURE

What measures has the Hellenic Government undertaken so far?
M.-A. Kefala, GR

09:15-10:30 SESSION II: SELECTING THE BEST OOCYTE, SPERM AND EMBRYO

Chairs: **C. Messini**, GR, **L. Karakoç Sökmensüer**, TR,
A. Koutsouni, GR

Selecting our culture media. One step or sequential
A. Katouna, GR

What is the role of oocyte morphology when considering preimplantation embryo development?
M. Simopoulou, GR

Artificial intelligence in assisting embryologists in embryo selection?
E. Nikitos, GR

Preimplantation care-European PGT data trends and development in PGT
E. Masoud Zamani, NL

Discussion

Scientific Program

SATURDAY, SEPTEMBER 9th, 2023

10:30-11:45

SESSION III: IMPACT OF REPRODUCTIVE TECHNIQUES ON OFFSPRING HEALTH

Chairs: **O. Kakani**, GR, **G.S. Anifantis**, GR

Male fertility preservation: a way of improving birth rates?
L. Evgeni, GR

Health of offspring after preimplantation genetic diagnosis.
Prospective data
T. Chartomatsidou, GR

Centromere specification in the developing mammalian embryo:
minimising fitness costs associated with parental epigenetic
asymmetries
A. Destouni, GR

Psychology status of the infertile couple
Ch. Karapanou, GR

Discussants: **T. Pastroma**, GR, **I. Panagiotidis**, GR

11:45-12:15

COFFEE BREAK

12:15-12:55

SESSION IV: SOCIAL EGG FREEZING: A GIFT TO OURSELVES

Chair: **N. Paradeisanou**, GR

My experience, Freezing my eggs
Patient A

Egg freezing, the answer when running out of time
F. Chouliara, GR



Scientific Program

SATURDAY, SEPTEMBER 9th, 2023

12:55-13:45

SESSION V: REPRODUCTIVE CHALLENGES, WHAT NEXT IF WE FAIL REPEATEDLY

Chairs: **A. Daponte**, GR, **O. Zafeiratis**, GR, **M. Paschopoulos**, GR,
N. Prapas, GR

Endometrial receptivity and microbiota

A. Salumets, EE

Endometriomas, when should be operated?

N. Vlachos, GR

Recurrent Pregnancy Loss - immunotherapy in cases of immunological defect

M. Litmanowicz, PL

Discussant: **N. Petrogiannis**, GR

13:45 -14:30

SESSION VI: ENCOUNTERING POOR RESPONSE AND POOR IMPLANTATION

Chairs: **C. Ioakeimidou**, GR, **S. Mpouchlariotou**, GR,
N. Markovic, SR

Individualized luteal phase support-Fresh and FET cycles

S. Mümüşoğlu, TR

Advanced diagnostics for poor implanters

H. Fatemi, UAE (Zoom participation)

Individualizing ovarian stimulation

M. Grynberg, FR

Discussant: **E. Makrakis**, GR



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| | |
|--------------------|--|
| 14:30-14:45 | SPONSORED LECTURE |
| | A new, fast and flexible PGT-A solution for any PGT laboratory Oriol Casagran De La Cruz, ES |
| 14:45-16:45 | BREAK |
| 16:45-17:15 | BEST EMBRYOLOGIST RESEARCH AWARD |
| | 10min presentation of submitted research papers with an embryologist as first author. A committee of invited speakers will vote the best research paper and a 500€ award will be granted to the winner. |
| 17:15-18:15 | SESSION VII: OBSTETRICAL OUTCOME OF IVF PREGNANCIES: WHAT CAN WE DO BETTER? Chairs: A. Athanasiadis, GR, A. Mamopoulos, GR, I. Kalogiannidis, GR, E. Asouchidou, GR, Th. Daglis, GR Pregnancies after the age of 45. How safe it is? I. Tsakiridis, GR New proposal for number of embryos to be transferred E. Timotheou, GR Uterus transplantation: where are we? A. Kaponis, GR Poseidon criteria C. Alviggi, IT Discussant: E. Alexandris, GR, A. Gkekas, GR |

Scientific Program

SATURDAY, SEPTEMBER 9th, 2023

18:15-18:35 KEYNOTE LECTURE

Thermal fertility tolerance: the impact of climate change on reproductive capacity
E. Fragouli, UK

18:35-19:50 SESSION VIII: PREIMPLANTATION GENETIC TESTING. IS THIS THE FUTURE FOR IVF

Chairs: **J. Traeger - Synodinos**, GR, **A. Chatzimeletiou**, GR, **I. Georgiou**, GR, **L. Pastore**, IT

PGT-A for all or for whom?
D. Christopikou, GR

Non-invasive PGT-A for prioritizing embryos?
C. Ianae - Ichikawa, ES

European overview of registries on PGT-A. Where do we stand at now?
F. Bronet Campos, ES

Good practice recommendations on chromosomal mosaicism
G. Kakourou, GR

Discussion

19:50-20:20 KEYNOTE LECTURE

Developmental and functional heterogeneity in follicles. An ongoing battle against menopause
D. Laird, USA



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Scientific Program

SATURDAY, SEPTEMBER 9th, 2023

20:20-21:00

SESSION IX: TOWARDS A SINGLETON DELIVERY

Chairs: **I. Bontis**, GR, **S. Fidani**, GR

How PGD has evolved the last 20 years

W. Verpoest, BE

Closing Remarks

E.G. Papanikolaou, GR

Scientific Program

SUNDAY, SEPTEMBER 10th, 2023

POST CONGRESS COURSES HANDS ON PRACTICE AT ASSISTING NATURE LAB FACILITIES

(Maximum participation 10 persons per course)

10:00-14:00

**HANDS ON FOR EMBRYOLOGISTS
BIOPSYING, VITRIFYING AND THAWING D5 EMBRYOS**
Instructors: **E.Timotheou**, GR, **E. Nikitos**, GR, **I. Panagiotidis**, GR

10:00-14:00

**HANDS ON FOR GENETICISTS
WHOLE GENOME AMPLIFICATION (WGA), NGS ANALYSIS &
GENETIC COUNSELING**
Instructors: **D. Christopikou**, GR, **M. Galiotou**, GR, **E. Siomou**, GR

10:00-14:00

**HANDS ON FOR FERTILITY SPECIALISTS (PROVIDED BY COOK)
EMBRYOTRANSFER TECHNIQUE ON UTERUS FANTOMS**
Instructors: **C. Ioakeimidou**, GR, **A. Gkekass**, GR,
S. Mpouchlariotou, GR, **M. Depa**, GR

10:00-14:00

**HANDS ON FOR FERTILITY SPECIALISTS,
HYSTEROSCOPY ON 3D UTERUS FANTOMS**
Instructors: **G. Michos**, GR, **E. Babas**, GR



Chairs, Speakers, Instructors

Alexandris Elias

MD, MSc, Obstetrician - Gynecologist, Larissa, Greece

Anifandis George-Spyros

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Casagran Oriol de la Cruz

Biotechnologist, Barcelona, Spain

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Illustrator and comic creator, Greece

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Reproductive Biologist
Director, CRYOGONIA Cryopreservation Bank
M. Phil University of Nottingham - UK
Representative of Greece in COST action – Andronet E.U.

Fatemi Human

Medical Director, Middle East Operations for IVI-RMA, Middle East Fertility Clinics in Abu Dhabi, Dubai and Muscat, United Arab Emirates

Fidani Styliani

Professor 1st Laboratory of Medical Biology and Genetics, 2nd Department of Pediatrics, Greece

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MSc, PhD, FRSB, FIBMS, Lecturer in Biomedical Science, Deputy Head of Department, Bournemouth University, Basic Science Officer ESHRE's SIG Embryology, London, UK

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Geneticist, Assisting Nature, Thessaloniki, Greece

Georgiou Ioannis

Professor of Medical Genetics and Assisted Reproduction, University of Ioannina, Greece

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Specialist in Human Reproduction, Clinical Director, IASO Thessaly, Greece

Grynberg Michael

Professor and Director of the Department of Reproductive Medicine & Fertility Preservation, Antoine Bécclère University Hospital, Clamart, France

Ianae Ichikawa Ceschin

MSc, Ebryo Biololgy specialist- Igenomix part of Vitrolife Group, Spain

Ioakeimidou Christina

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Kakani Ourania

Clinical Embryologist, Assisting Nature, Thessaloniki, Greece



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Scientific Director of 'HYGEIA IVF - Embryogenesis'
Obstetrician & Gynaecologist
Specialist in Assisted Reproduction

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Senior Clinical Embryologist, Scientific Head of Laboratory and Cryopreservation Bank IVF Gennima, Athens, Greece



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- Medical Association of Thessaloniki

Chairs, Speakers, Instructors

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IVF Specialist, Director of IVF Unit, Naval and Veterans Hospital of Athens, Greece
G. Secretary of HSOG

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Salumets Andres

CEO Competence Centre on Health Technologies (Tervisetehnoloogiate Arenduskeskus AS), Professor of Reproductive Medicine, Karolinska Institute Stockholm, Sweden and University of Tartu Estonia

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Siomou Elisavet

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Zafeiratis Odysseas

Obstetrician - Gynecologist, Co-Founder & Vice President Assisting Nature, Thessaloniki, Greece



General Information

Dates

September 8th - 10th, 2023

Conference Venue

NOESIS, Thessaloniki Science Centre and Technology Museum, 6th km Thessaloniki-Thermi, GR 57001, Thessaloniki, Greece, T. +30 2310 483000

Assisting Nature

2 G. Kranidioti & Thessaloniki-Thermis Ave, Building Lamda I Pylaia, Thessaloniki, Greece, T. +30 2310 424294

Official language

English will be the official language of the conference, no simultaneous translation will be provided.

CME Accreditation

The congress has been granted **14** European CME credits (ECMEC[®]s) by the European Accreditation Council for Continuing Medical Education (EACCME[®]).

Certificate of attendance

Each registered participant will receive an official certificate of attendance after the Conference. According to the Accreditation Council for Continuing Medical Education, each medical specialist should compete 60% participation. Certificates will be sent electronically after the end of the conference.

Congress badge

Upon registration all delegates will receive a name badge which is the passport to the scientific Conference sessions. Please wear your badge visibly at all times throughout the duration of the Conference.

Presentations

Available visual equipment for all presentations will be through power point presentation. Presentations must be uploaded at the technical secretariat one hour prior to the presentation. The use of personal computers will not be feasible.

General Information

Exhibition

There will be an exhibition of medical equipment and pharmaceutical products at the Congress Venue.

Registration Fees

| Registration type | Fees |
|----------------------|-----------------|
| Doctors | 65,00 € |
| Biologists | 40,00 € |
| Midwives | 25,00 € |
| Post congress course | 190,00 € |

The above fees include the applicable VAT of 24%

Registration fees include

- Admission to all sessions of the conference
- Admission to the exhibition
- Coffee breaks during the conference
- Certificate of attendance

Organization

assistingnature

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Congress Secretariat



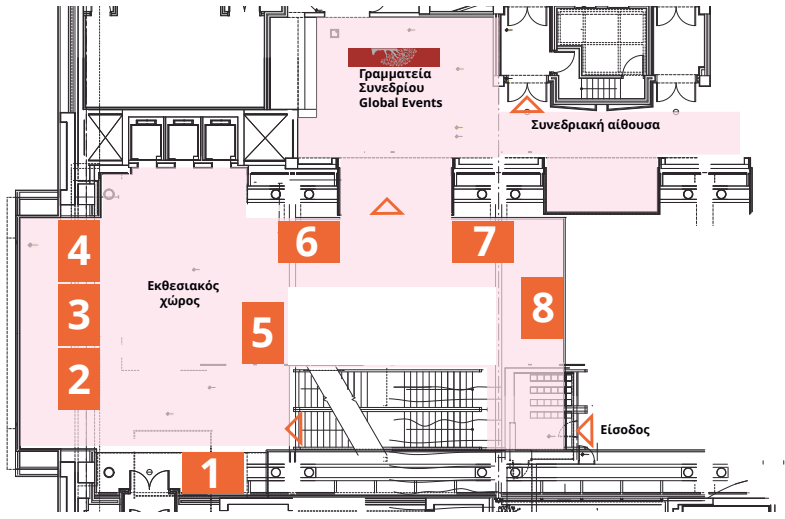
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FINAL PROGRAM

Part 3



Exhibition



- Περίπου 6m² [3m x 2m x 2.5m] (LxWxH)
- Γραμματεία Συνεδρίου Global Events

| | | | |
|------|--|------|--|
| No 1 | | No 6 | |
| No 2 | | No 7 | |
| No 3 | | No 8 | |
| No 4 | | | |
| No 5 | | | |

Acknowledgements

The Organizing Committee of the Congress would like to acknowledge the following companies:



ΤΡΑΠΕΖΑ ΚΡΥΟΕΥΝΤΗΡΙΩΝ
Προμώτες, Εργαστηριακή Διαγνωστική

Trust matters

when starting a family

Inspire confidence



Κάθε ml του διαλύματος περιέχει 600 IU θυλακιοτροπίνης άλφα, (ισοδύναμα με 44 μικρογραμμάρια)

Περαιτέρω πληροφορίες διατίθενται από τον ΚΑΚ, κατόπιν αιτήσεως.

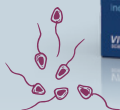
Βοηθήστε να γίνουν τα φάρμακα πιο ασφαλή και Αναφέρετε
 ΟΛΕΣ τις ανεπιθύμητες ενέργειες για
 ΟΛΑ τα φάρμακα
 Συμπληρώνοντας την «ΚΙΤΡΙΝΗ ΚΑΡΤΑ»

Η γόνιμη επιλογή! Από την προετοιμασία στη σύλληψη.

Ολοκληρωμένες και ισορροπημένες συνθέσεις για υψηλή αποτελεσματικότητα και ασφάλεια.



Διευκολύνει τη διαδικασία της σύλληψης και προετοιμάζει τον οργανισμό για την περίοδο της εγκυμοσύνης.



Συμβάλλει στην ποιότητα, την ποσότητα και την κινητικότητα των σπερματοζωαρίων.



Διπλή συσκευασία που περιλαμβάνει το Pregnacare® conception & το Wellman® conception.



Τα Συμπληρώματα Διατροφής δεν υποκαθιστούν μια ισορροπημένη και ποικίλη διατροφή. Τα προϊόντα αυτά δεν προορίζονται για πρόληψη, αγωγή ή θεραπεία ανθρώπινης νόσου. Συμβουλευτείτε τον γιατρό σας αν είστε έγκυος, θηλάζετε, βρίσκεστε υπό θεραπευτική αγωγή ή αντιμετωπίζετε προβλήματα υγείας. Αριθ. Γνωστ. ΕΟΦ: 59908/02.06.2022 (Pregnacare® Conception), 61465/10.06.20 (Wellman® Conception), 59882/02.06.2022 (Pregnacare® Him & Her Conception). Ο αριθμός γνωστοποίησης ΕΟΦ δεν επέχει θέση άδειας κυκλοφορίας από τον ΕΟΦ.

* Total VMS Branded Manufacturer Category: Nielsen GB ScanTrack Total Coverage Value and Unit Retail Sales 52 Week, period ending 08/10/22.

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| Elonva® Inj.Sol 100 mcg/0,5 ml PF Syr +1 Βελόνα | 424,25€ |
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| Puregon® Inj.sol.1 cartrx300iu/0,36ml | 88,80€ |
| Puregon® Inj Sol 1 cartrx600iu/0,72ml | 176,30€ |
| Puregon® Inj.sol.cartrx 900 iu/1,08ml | 277,23€ |
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