Dr Christina I. Messini, is a graduate of the Faculty of Medicine/School of Health Sciences of the University of Thessaly, Larissa, Greece. Currently, she is Assistant Professor of Obstetrics and Gynaecology at the same University. She completed her training in general Obstetrics and Gynaecology in the University Department of Obstetrics and Gynaecology at the University Hospital of Larissa (2013), where she continues to work. She was also trained in Belgium and the UK with a special interest in Reproductive Medicine. Her clinical duties are in general Obstetrics and Gynaecology as well as in Assisted Reproduction. She participates in the teaching and clinical training of medical students, while she also delivers lectures in various postgraduate programmes of the Faculty of Medicine. She is a certified trainer in ALSO. She has given lectures at Conferences and scientific meetings as an invited speaker. She is a reviewer for several international journals and has published more than 60 scientific papers in peer review journals (h-index 27). Her research work focuses on reproduction.